

Annual Report 2025-26

Mental Health and Emotional Wellness Committee

Nodal officer- Pallavi Kaushik

The Mental Health and Emotional Wellness Committee was established in the academic year 2025-26 after recognising the growing need for structured mental health support and emotional assistance for students within the college. In view of this need, the Committee was constituted and formally introduced during the present academic session as an institutional initiative dedicated to promoting mental health awareness and student wellbeing.

The formal beginning of the Committee's activities took place on 8 October 2025, when the Committee was officially introduced to the college community. On this occasion, the Committee poster was inaugurated by the Principal Prof. Sandeep Garg, in the presence of the Committee members and the core student team.

